



BRATISLAVA
MEDITATION WEEKEND
11/30 - 12/2/2012

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BRANISLAV STYK (SK)
KAROLÍNA POSPÍŠILOVÁ (CZ)
JÁN KYSUCKÝ (SK)

PROGRAM

Friday 11/30

7:00 pm Dinner
8:00 pm Lecture:
Branislav Styk, Ján
Kysucký on "The four
basic thoughts",
meditation on 16th
Karmapa

6:00 pm Dinner
7:30 pm Lecture:
Karolína Pospíšilová
on "Meditation in
retreat",
meditation on 16th
Karmapa
11:30 pm Time for
socialization

More information +
registration
on this course:
www.buddhizmus.sk

Saturday 12/1

8:00 Meditation
9:00 Breakfast
10:00 Lecture:
Karolína Pospíšilová
on "The practice in
everyday life"
1:00 pm Lunch
2:30 pm Meditation
4:00 pm Coffee break
4:30 pm Presentation:
Gompa Prague

Sunday 12/2

10:00 Breakfast
11:00 Questions and
answers:
Karolína Pospíšilová,
Branislav Styk, Ján
Kysucký,
meditation on 16th
Karmapa
2:00 pm Lunch
3:00 pm Common
cleaning

ALSO PRESENTING:

G O M P A
P R A H A